



CALAMVALE WOLVES SPORTS DEPARTMENT

2021 PROPOSAL

CALAMVALE SPORTS PROGRAM – PRIMARY SPORTS

Options	Students	Coaches	Primary Competition	Competition Date	Competition Location	Secondary Competition	Competition Date	Competition Location
Girls Senior Volleyball	18	Stott-Leggat	All Schools Senior Cup	June	Gold Coast	Excellence School Friendlies	October + November	Calamvale
Girls Junior Volleyball	20	Calvino	All Schools Intermediate Cup	August	Toowoomba	Excellence School Friendlies	October + November	Calamvale
Boys Senior Volleyball	18	Schwarzbauer	All Schools Senior Cup	June	Gold Coast	Excellence School Friendlies	October + November	Calamvale
Boys Junior Volleyball	20	Lans	All Schools Intermediate Cup	August	Toowoomba	Excellence School Friendlies	October + November	Calamvale
Girls Senior Netball/ Basketball	18	Ormersher	Vicki Wilson Cup (Netball)	July	Ipswich	CBSQ Senior Tournament	September	Gold Coast
Girls Junior Netball/ Basketball	20	Zec	Vicki Wilson Shield (Netball)	July	Ipswich	CBSQ Junior Tournament	September	Gold Coast
Boys Senior Basketball	18	Bunn	CBSQ Senior Tournament	September	Gold Coast	Excellence School Friendlies	October + November	Calamvale
Boys Junior Basketball	20	Chen	CBSQ Junior Tournament	September	Gold Coast	Excellence School Friendlies	October + November	Calamvale
Girls Senior Touch Football	18	Eaton	Brisbane All-Schools + South QLD All-Schools	June + July	Brisbane + Gold Coast	QLD All- Schools	October	Camp Hill
Girls Junior Touch Football	20	Sales	Brisbane All-Schools + South QLD All-Schools	June + July	Brisbane + Gold Coast	QLD All- Schools	October	Camp Hill
Boys Senior Touch Football	18	Leslie	Brisbane All-Schools + South QLD All-Schools	June + July	Brisbane + Gold Coast	QLD All-Schools	October	Camp Hill
Boys Junior Touch Football	20	Watson	Brisbane All-Schools + South QLD All-Schools	June + July	Brisbane + Gold Coast	QLD All-Schools	October	Camp Hill
Kokoda Challenge/ Fitness	25	Brown	Brisbane Kokoda Challenge 15km + Gold Coast Kokoda Challenge 52km	June + July June + July	Brisbane + Gold Coast Brisbane + Gold Coast	Met West Triathlon	October	Kawana Waters

Total students in Sport	253
Total Teachers required for Sport	13

Key Note: The 2020 Summer Season of Interschool Sport had 253 students participating and 15 Teachers allocated.

CALAMVALE SPORTS PROGRAM – SECONDARY SPORTS

Options	Squad Size	Coach	Competition	Competition Date
Girls Senior Futsal	10	Watson/ Sales	Vikings Futsal Tournament	April
Boys Junior Futsal	10	Watson/ Sales	Vikings Futsal Tournament	April
Boys Senior Futsal	10	Watson/ Sales	Vikings Futsal Tournament	April
Boys Junior Futsal	10	Watson/ Sales	Vikings Futsal Tournament	April
Girls Junior Cricket (7)	12	Male	Milo T20 Blast	November
Badminton (Open)	Unlimited	Brown	State Badminton Doubles Titles	March
			State Badminton Single Titles	March
Girls Senior Soccer	15	Watson/ Sales	Bill Turner Cup	April
Boys Senior Soccer	15	Watson/ Sales	Bill Turner Cup	April
Girls Junior Soccer	15	Watson/ Sales	Bill Turner Cup	April
Boys Junior Soccer	15	Watson/ Sales	Bill Turner Cup	April

CALAMVALE SPORTS PROGRAM DETAILS

Key Benefit of the Calamvale Sports Program:

Calamvale Community College no longer participates in a weekly Interschool Sport competition dictated by set rules and times. The College now 100% dictates its own sporting program. This provides the College with ultimate flexibility to make decisions that best meet the needs of the students, school and community. For the first time Calamvale Community College can have a consistent approach on a yearly basis for sport.

Primary Sports:

- Volleyball
- Basketball
- Netball
- Touch Football
- Kokoda Challenge/ Fitness

Primary sports run on a Wednesday during session 2. Selection for primary sports occur on Wednesday of week 1, term 1. Once successfully selected in a sport students will remain with this squad for the entire school year.

Why one full school year? The majority of major sporting tournaments are ran in the first seven months of the school year. There is very limited sport apart from Metropolitan West trials running in the final five months. One full year allows teams to grow and develop as a group, build rapport, immerse themselves into the team and sport, decreases roll change over issues each semester, allow for easier student management, and simplified facility use.

Secondary Sports:

- Soccer –
- Futsal
- Badminton
- Milo T20 Blast Cricket

Secondary sports are offered to students as an extra sporting competition that they can enter if they choose. Training for these sports will run during lunch breaks or after school. These sports may or may not run each year depending on student interest.

Carnival Sports:

- Swimming
- Cross Country
- Track and Field

Carnivals are offered to all secondary students. Participation is voluntary, yet encouraged. Students' progress from the school carnival through nomination to the Southern Scorpions Carnival (representing Calamvale Community College), then the Metropolitan West Carnival (representing Southern Scorpions), and finally the State Carnival (representing Metropolitan West).

Squad Age Groupings:

- Junior: combined years 7, 8 and 9

Junior squads must contain students from all three year levels to ensure both opportunity and squad development across the Junior Program. By ensuring squads have a mix across the three years the program continually develops young players across all years for prolonged program success.

Example: by selecting six year 7 students in a squad in 2021 (even though they are still developing their skillset) the students will have had three years within the program before entering the Senior Program. That is 120 hours of training across a three year period meaning continued structure, values and performance for your squad each year.

The top performing students from each squad will be nominated for Metropolitan West trials.

- Senior: combined years 10, 11 and 12

Senior squads will select teams based on performance. It is however recommended that for the longevity of team success that senior coaches select a minimum of five players outside of year 12 to ensure the continued success of the team the following year.

Example: by selecting three year 10 students and six year 11 students you enter the next year with nine players who already understand the team's values, systems, strategies and have the skillset required, still leaving you with nine experienced year 12 students.

The top performing students from each squad will be nominated for Metropolitan West trials.

Multi Aged Squads:

Apart from the above mentioned reasons, the multi aged squads allow for peer coaching and relationship building. Students across different cohorts will interact and bond over a common interest and goal. This will also develop the confidence of our younger year level students as they will associate with students up to two years their senior whom they will see during lunch breaks and be able to seek advice and comfort from.

Competitions:

All sports squads will train during Wednesday session 2 each week to prepare for their upcoming tournament/s. All tournaments are All-Schools or of a similar standard. Some tournaments may run over a weekend. Entry in tournaments presents many opportunities to students such as inclusivity, interaction, exposure, and success. Calamvale will build a strong sporting culture and will look to achieve building success at all tournaments.

Competition Selection:

As squads are filled with more students than what is required on a team, players will need to be briefed at the beginning of the year as to the selection criteria for the tournaments. Some tournaments may allow for multiple team entry, however the ones that do not will need to select their best squad for the tournament. Students who miss out on selection should not be disheartened as it is a process of development each year. Students will learn to work towards their goals and seek feedback from their peers and coach.

Weekly Training Sessions:

Weekly training sessions will consist of the following;

- *Skill development*
- *Sports specific strength and conditioning*
- *Team strategy meetings*
- *Excursions to associated venues*
- *External expert coaching (coaches and players from outside sources)*
- *Mental health and mindfulness sessions*
- *Relationship and team building sessions*

Program Coordinators:

The Secondary School Sports Coordinator will nominate a Program Coordinator for each sport each year. This position lasts for a one year term and is reviewed at the end of each calendar year.
Program Coordinator role;

- *Communicate relevant information to coaches within the sport*
- *Observe and assist coaches to develop their skillset*
- *Manage equipment and stocktake*
- *Communicate equipment requirements to Secondary Sports Coordinator*
- *Communicate event requirements to Secondary Sports Coordinator*
- *Communicate competition results to Secondary Sports Coordinator*

Coaches:

Coaches will be selected by the Secondary Sports Coordinator at the end of each calendar year in preparation for the following year. Benefits for coaches in the new system;

- *Coaches will be excited to work with and develop a group across a calendar year, and in many instances across a three year period.*
- *Coaches will no longer be disillusioned with the weekly hassle of ninety minutes of work for ten minutes of poor quality gameplay.*
- *Coaches will 'buy in' to the process as they will have a sense of ownership over their sport/ program.*
- *Coaches will develop relationships with their team and be a focal point in their sporting and personal development.*

Community Links:

All programs will have a community link to a local sports team for the specific sport. The purpose of this link is to expose our students to the opportunities that exist outside of the school. This will also work the other way as it will expose our sporting program to players from these clubs and the potential to apply for the Athlete Development Program.

- *Volleyball – South Brisbane Wolves Volleyball*
- *Basketball – Calamvale Cannons*
- *Netball – MacGregor Netball Association*
- *Touch Football – Mt Gravatt Social Sport Touch Football*

State Body Affiliation:

All teams will also have a link to the state governing body through the Secondary Sports Coordinator;

- *Volleyball – Volleyball Queensland*
- *Basketball – Basketball Queensland*
- *Netball – Netball Queensland*
- *Touch Football – Touch Football Queensland*

Selection Day:

Interscholar Sport trials have been a notorious project over the years. The inconsistency of student tracking and truanting have made this an issue that lasts weeks and in some instances months.

New proposal;

- *Wednesday Week 1 is selection day*
- *Students attend connect*
- *All students then move to the Sports Centre for a trial presentation (video on screen of options and trial procedure)*
- *Students who do not wish to trial stand and exit via the glass doors and walk to CPAC (Senior Secondary) or Junior School UCA (Junior Secondary).*
- *HOP's stand guard along the path to move students to these locations.*
- *Non- sporting students are then distributed according to a pre-determined plan by Principals for the remainder of sessions 1 and 2.*
- *Sporting students then move to a specific area in the sports hall and sit (sign up)*
- *Coaches then take their squad to their trial location for the remainder of sessions 1 and 2.*
- *Due to the larger number of students trialling, additional staff support will be required for certain sports (Secondary Sports Coordinator, HPE HOD, plus HPE Teacher Aide to assist)*
- *Coaches confirm team list by Friday 2.30pm for Secondary Sports Coordinator to post around the College on Monday morning.*
- *Secondary Sports Coordinator to forward squad lists to DP's by Friday 3pm.*
- *New timetables distributed by Tuesday Session 2 Connect.*
- *Any student absent on the day is to see the Secondary School Sports Coordinator for an individual trial prior to Friday 1.20pm.*
- *Rolls do not change under any circumstance outside of DP or above approval until the end of the calendar year.*

Equipment Purchase and Stocktake:

Year after year for the past 11 years the College has spent money on replacing lost, stolen or damaged sporting goods (balls, bibs, jerseys etc.). The new system prevents this from occurring and results in money being spent in the right areas (entry fees, upgrading equipment, guest coaches and players). How does it work?

- *Each individual team has a wheelie bin which has a chain and a padlock to prevent entry.*
- *Only the coach (and Secondary Sports Coordinator) have the key.*
- *The coach is responsible for the equipment for the entire year.*
- *The equipment never leaves the College as we no longer travel weekly for sport.*
- *If equipment is lost, it is reported to the Secondary Sports Coordinator and the coach is responsible for tracking it down within their team.*
- *All wheelie bins are locked inside the Calamvale Sports Department Storeroom (HOD key accessible only- Secondary Sports Coordinator has this key).*

Low Overheads:

- *No weekly buses*
- *No chasing contracts and money from students for Interschool Sport payments*
- *No Karawatha District subscription fee's*
- *Less purchasing of replacement equipment*
- *Students/ families only incur a fee for tournament entry if selected.*

Branding:

New branding approved (Calamvale Wolves) to demonstrate a new beginning in sport. Due to the on trend look of the logo students will buy into it. With a deep love for American sport amongst many of our sporting students, the creation of strong branding will build a sense of pride, belonging, thus developing a sporting culture.

Some further suggestions relating to branding;

- *Sports Centre wall on court 1 painted in the school colours with the words 'CALAMVALE WOLVES'.*
- *Calamvale Wolves logo printed on the wall inside the school gym.*
- *School hat made available with the Calamvale Wolves logo. Students will wear this due to their connection to the American sports trend.*

EQUIPMENT COSTS – FULL SETUP COST (ONE OFF PAYMENT)

Sports	Storage	Equipment per set	To Be Purchased	Required Per Set	Needs To Be Purchased	Cost Per Ball	Total Cost
Girls Senior Volleyball (11-12)	1 x Padlocked Wheelie Bin	8 x Volleyballs	Volleyball	28 x Volleyballs	22 x Volleyballs	46.8	1029.6
Girls Junior Volleyball (7-10)	1 x Padlocked Wheelie Bin	10 x Volleyballs					
Boys Senior Volleyball (11/12)	1 x Padlocked Wheelie Bin	8 x Volleyballs	Netball	12 x Netballs	12 x Netballs	16.5	198
Boys Junior Volleyball (7-10)	1 x Padlocked Wheelie Bin	10 x Volleyballs		4 x Bib Sets	4 x Bib Sets	39.95	159.8
Girls Senior Netball/ Basketball	1 x Padlocked Wheelie Bin	6 x Netballs, 2 x Bib Sets, 10 x Cones, 6 x Basketballs	Basketball	24 x Basketballs	18 x Basketballs	44.5	801
Girls Junior Netball/ Basketball	1 x Padlocked Wheelie Bin	6 x Netballs, 2 x Bib Sets, 10 x Cones, 6 x Basketballs	Touch Football	18 x Touch Footballs	18 x Touch Footballs	15.5	279
Boys Senior Basketball	1 x Padlocked Wheelie Bin	6 x Basketballs, 1 x Bib Sets, 10 x Cones	Cones	120 x Cones	120 Cones	49.5	49.5
Boys Junior Basketball	1 x Padlocked Wheelie Bin	6 x Basketballs, 1 x Bib Sets, 10 x Cones	Wheelie Bin	13 x Wheelie Bin	13 x Wheelie Bin	80	1040
Girls Senior Touch Football	1 x Padlocked Wheelie Bin	4 x Touch Footballs, 20 Cones	Total				3556.9
Girls Junior Touch Football	1 x Padlocked Wheelie Bin	5 x Touch Footballs, 20 Cones					
Boys Senior Touch Football	1 x Padlocked Wheelie Bin	4 x Touch Footballs, 20 x Cones					
Boys Junior Touch Football	1 x Padlocked Wheelie Bin	5 x Touch Footballs, 20 x Cones					
Kokoda Challenge/ Fitness	N/A	N/A					

Key Notes: A full reset with new equipment demonstrates the College’s commitment to a new direction for sport.